

86	136	HEMINGSTONE: after descent
84	134	follow B1078 through CODDENHAM
IV Silly Suffolk		
83	131	RIGHT SP CODDENHAM B1078
82	130	@ 1 st exit SP CODDENHAM (B1078)
by Needham Lake		
Toilets on left may be open		
follow SP's for Wickham Mkt. 1078		
T RIGHT into CODDENHAM ROAD		
after 30m RIGHT into PUMP ST.		
81	128	NEEDHAM MKT: T LEFT
RIGHT SP B1078 NEEDHAM MKT.		
after 200m		
72	114	BILDESTON: T LEFT on HIGH STREET
71	112	Fork LEFT SP B115 BILDESTON
69	110	T RIGHT SP A1141 MONKS ELEGH
65	104	RIGHT SP B115 BILDESTON
@ LEFT to pass Whitehorseph		
64	102	GT. WALDINGFIELD:
63	100	@'s S/O SP B115 GT. WALDINGFIELD
TL LEFT SP B115 Lavenham		
RIGHT SP B115 Lavenham		
LEFT into one-way system		
62	98	SUDBURY
III The Suffolk Prairies		

-----fold in four for easy reading -----

M	Km	
86	137	FORK RIGHT SP HELMINGHAM
89	141	T LEFT SP B1077
91	144	FRAMSDEN: on lefthand bend
		RIGHT SP CRETINGHAM
93	148	CRETINGHAM: LEFT then RIGHT
		SP KETTLEBURGH
		T RIGHT SP KETTLEBURGH
96	152	KETTLEBURGH: LEFT
		SP FRAMLINGHAM
97	155	FRAMLINGHAM:
		T LEFT STATION RD
98	156	RIGHT SP B1119 Saxmundham
101	161	LEFT SP Baptist Church
		T RIGHT then LEFT SP
		BRUISYARD
V Down to the Lost City		
166		PEASENHALL: T RIGHT
173		YOXFORD: T LEFT on A12
THIS IS MAJOR ROAD		
respect the double centreline		
107	174	2nd Right SP DUNWICH
114	182	WESTLETON: T LEFT
		2nd RIGHT SP DUNWICH
118	188	At bottom of the hill where road
		bends left: RIGHT SP BEACH
STOP SALT-WATER AHEAD		

60	96	SUFFOLK County-line, TL S/O
94		BULMER TYE: T LEFT SP SUDBURY
85		RIGHT SP CASTLE HEDINGHAM
		after 200m
		T LEFT SP A1017 Haverhill
52	84	T RIGHT SP A1017 Braintree
		SIBLE HEDINGHAM:
47	76	WETH'RSFLD: S/O SP S.HEDINGHAM
45	73	FINGFLD S/O SP WETHERSFIELD
		T LEFT SP FINCHINGFIELD B1057
43	70	GT. BARDFIELD:
60		RIGHT SP FINCHINGFIELD B1057
		@'s S/O
		into MARKET PLACE
59		RIGHT by Saracen's Head Hotel
		@ LEFT SP TOWN CENTRE
32	58	GT. DUNMOW: @ S/O
		@ LEFT SP B184 GT. DUNMOW
29	47	LEADEN RODING:
46		T RIGHT SP A1060 Chelmsford
39		FYFIELD: T LEFT SP DUNMOW
		T RIGHT SP MORETON
		T RIGHT SP MORETON
19	30	Talbot @ S/O SP High Laver
15	24	EPPING: TL RIGHT SP B181
II Across Essex		

M	Km	I Into the Woods
0	0	Pub on the park
		Nth under blue bridge
		on MARTELLO St. bike path
		S/O across Richmond Rd
0	0.5	Town Hall Square T RIGHT
		T LEFT into MARE St. TL S/O.
		Mini@ S/O into NARROW WAY
		(respect pedestrian priority)
		T RIGHT into LOWER CLAPTON Rd.
		1.4 TL T LEFT still LWR. CLAPTON Rd.
1	1.5	Round Chapel:
		RIGHT into POWERSCROFT Rd.
		2.2 TL S/O into MILLFIELDS PARK
		1 st LEFT by electricity sub-station,
		exit park into Leagrave St.,
		1 st RIGHT onto service road,
		At Princess of Wales pub, cross
		footway on left, use light-controlled
		crossing to turn RIGHT...
2	3.1	onto LEA BRIDGE Rd.
4	5.7	Bakers Arms: S/O LEA BRIDGE Rd.
		7 WHIPPSX @S/O SP A104 WOODF'RD
6	9	North Circular @S/O SP WOODF'RD
12	19	WAKEARMS @S/O SP EPPING B1393
		24-hour garage on left.
DO YOU NEED FOOD, DRINK , OR BATTERIES?		