

sharp LEFT SP GOSBECK

86 136 HEMMINGSTONE: after descent
 84 134 follow B1078 through CODDENHAM

TV Silly Suffolk

83 131 RIGHT SP CODDENHAM B1078
 82 130 @ 1st exit SP CODDENHAM (B1078)

by Needham Lake

Toilets on left may be open

follow SP's for Wickham Mkt. 1078
 T RIGHT into CODDENHAM ROAD
 after 30m RIGHT into PUMP ST.

81 128 NEEDHAM MKT: T LEFT
 RIGHT SP B1078 NEEDHAM MKT.
 after 200m
 72 114 BILDESTON: T LEFT on HIGH STREET
 71 112 Fork LEFT SP B115 BILDESTON
 69 110 T RIGHT SP A1141 MONKS ELEIGH
 65 104 RIGHT SP B115 BILDESTON
 @ LEFT to pass Whitehorse PH
 64 102 GT. WALDINGFIELD:
 63 100 @'s S/O SP B115 GT. WALDINGFIELD
 TL LEFT SP B115 Lavenham
 RIGHT SP B115 Lavenham
 LEFT into one-way system
 62 98 SUBBURY

III The Suffolk Prairies

-----fold in four for easy reading-----

M	Km	
86	137	FORK RIGHT SP HELMINGHAM
89	141	T LEFT SP B1077
91	144	FRAMSDEN: on lefthand bend RIGHT SP CRETINGHAM
93	148	CRETINGHAM: LEFT then RIGHT SP KETTLEBURGH T RIGHT SP KETTLEBURGH
96	152	KETTLEBURGH: LEFT SP FRAMLINGHAM
97	155	FRAMLINGHAM: T LEFT STATION RD
98	156	RIGHT SP B1119 Saxmundham
101	161	LEFT SP Baptist Church T RIGHT then LEFT SP BRUISYARD
		<i>V Down to the Lost City</i>
166		PEASENHALL: T RIGHT SIBTON: through village to pass St.Peter's Ch. and take next....
106	171	LEFT SP "By Road"
108	175	T: RIGHT SP DARSHAM
108	175	2nd LEFT SP DUNWICH
111	178	T: RIGHT (A12) after 300m LEFT SP WESTLETON
114	182	WESTLETON: bear LEFT by Green. At crossroads S/O SP DUNWICH
118	188	At bottom of the hill where road bends left: RIGHT SP BEACH

STOP SALT-WATER AHEAD

M	Km	
60	96	SUFFOLK County-line, TL S/O
94		BULMER TYE: T LEFT SP SUBBURY
85		RIGHT SP CASTLE HEDINGHAM after 200m T LEFT SP A1017 Haverhill
52	84	T RIGHT SP A1017 Braintree SIBLE HEDINGHAM:
47	76	WETH/RSFLD: S/O SP S.HEDINGHAM
45	73	FINGFLD S/O SP WETHERSFIELD
43	70	T LEFT SP FINCHINGFIELD B1057 GT. BARDFIELD:
60		RIGHT SP FINCHINGFIELD B1057 @'s S/O into MARKET PLACE
59		RIGHT by Saracen's Head Hotel @ LEFT SP TOWN CENTRE
32	58	GT. DUNMOW: @ S/O @ LEFT SP B184 GT. DUNMOW
29	47	LEADEN RODING:
46		T RIGHT SP A1060 Chelmsford
24	39	FYFIELD: T LEFT SP DUNMOW T RIGHT SP MORETON T RIGHT SP MORETON
19	30	Talbot @ S/O SP High Layer
15	24	EPPING: TL RIGHT SP B181

II Across Essex

M	Km	<i>I Into the Woods</i>
0	0	Pub on the park Nth under blue bridge on MARTELLO St. bike path S/O across Richmond Rd
0	0.5	Town Hall Square T RIGHT T LEFT into MARE St. TL S/O. Where road bends left under bridge RIGHT(physically S/O) into NARROW WAY
	0.8	pass 'No Entry except cycles' T RIGHT into LOWER CLAPTON Rd.
	1.4	TL T LEFT still LWR. CLAPTON Rd.
1	1.5	Round Chapel: RIGHT into POWERSCROFT Rd.
	2.2	TL LEFT into CHATSWORTH Rd.
2	2.7	TL T RIGHT into LEA BRIDGE Rd.
4	5.7	Bakers Arms: S/O LEA BRGE Rd. 7 WHIPPSX @S/O SP A104 WOODF'RD
6	9	North Circular @S/O SP WOODF'RD
12	19	WAKEARMS @S/O SP EPPING B1393 24-hour garage on left.

DO YOU NEED FOOD, DRINK, OR BATTERIES?

DON'T DROP LITTER

it's embarrassing behaviour

PLEASE BE QUIET NEAR HOMES

people are sleeping.